



**“LET FREEDOM RUN”**  
**4th of July Fun Run/Walk**  
**Choteau City Park**



NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

GENDER: (circle one) Male Female AGE: (on race day) \_\_\_\_\_

Shirt Size: (Adult, unisex, cotton shirts) S M L XL

Race Event: (circle one) 1 mile Run/Walk 5K Race

Same day packet pickup and registration available at 6:30 a.m. Choteau City Park, 202 First St. S.E.

START TIME: 8:00 a.m. 5K Race / 8:30 a.m. 1 mile Family Fun Run/Walk Official times and course will be supported until 9:15 a.m.

FEES: \$15 / person includes 1 Commemorative TShirt \$35 / family includes 3 Commemorative TShirts  
 Children under 12 run free (Tshirt costs extra) Additional Tshirts are \$12 each

Make checks payable to:  
 Grizzly Activity, Inc. Mail to: P.O. Box 1013, Choteau, MT 59422

Please read the following and sign below if you accept its terms:

**RELEASE AND WAIVER** I am aware that traveling to and from, as well as participating in a running or walking event may be a hazardous activity and that the Annual 4<sup>th</sup> of July Fun Run is such an event. I am voluntarily participating (or allowing my child to participate in) this activity with knowledge of the danger involved and hereby agree to accept any and all risks of property damage, personal injury, or death. In consideration of my participation, I hereby release the Grizzly Activity Inc., Teton County and the City of Choteau, and any sponsors, volunteers or agents of the preceding from any present and future claims, including negligence, for property damage, personal injury, or wrongful death, arising from my or my child's participation in the above described event. Furthermore, I hereby voluntarily waive any and all claims, both present and future, arising from my or my child's participation in the above described activity, including but not limited to negligence, property damage, personal injury, and wrongful death. I understand that running, walking or otherwise participating in the 4<sup>th</sup> of July Fun Run involves certain risks, including but not limited to, travel to and from the site of the event, severe physical contact, stress, heat related injuries, dehydration, softtissue injuries, exhaustion and the possible reckless conduct of other participants. These risks also include but are not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injury to virtually all bones, joints, muscles and internal organs. I further understand that the activities that I or my children participate in may be conducted at a site that is remote from available medical assistance; and nonetheless agree to proceed with such activities in spite of the possible absence of medical assistance. I also understand that any equipment provided for my protection may be inadequate in preventing serious injury. I have read this form and fully understand that by signing this form, I am giving up legal rights and/or remedies which may be available to me or my child.

\_\_\_\_\_  
 [Signature of participant or parent / guardian] [Date]